

LUTRONIC GENIUS

RF  
MICRONEEDLING  
TREATMENT  
*Pre-care*

MERAKI SKIN CLINIC

Review these guidelines before your Genius RF Microneedling treatment.

**Talk to your healthcare provider if you have:**

- Pregnancy or nursing plans
- Gold or metal allergies
- Numbing cream allergies
- Health or medication changes
- Active acne or cold sores
- Recent antibiotic use
- Metal implants in the treatment area
- A history of keloids or hypertrophic scars
- Recent filler or neurotoxin treatment
- Recent sunburns or prolonged sun exposure
- Any significant health conditions like diabetes, autoimmune disorders, or cardiovascular problems

## PRE-CARE

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### **2 Weeks Before Treatment**

- Avoid skin-irritating treatments like chemical peels, waxing or lasers.

### **7 Days Before Treatment**

- Do not use Retinol, Retinoids, AHA, BHA or other exfoliating products
- Avoid tanning beds and sun exposure

### **3 Days before**

- Limit or avoid NSAIDs like aspirin or ibuprofen unless medically necessary.
- Limit or avoid alcohol before the treatment, as it can dehydrate your skin and thin your blood.
- Stay hydrated

## DAY OF THE TREATMENT

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- Reschedule your appointment if you have an active acne breakout, cold sore or skin infection.
- Arrive with clean skin: no makeup or skincare products.
- Men should be cleanly shaved.
- Remove all jewelry before the procedure.
- For pain relief, you may take Tylenol 30 minutes before your treatment.

If you have questions, please call 905-887-0566 or email [info@merakiskinclinic.ca](mailto:info@merakiskinclinic.ca)